### **Family Disaster Plan Checklist**

- □ Post emergency telephone numbers by the telephone.
- ☐ Inspect your home, car and boat for potential hazards.
- ☐ Install safety features (shutters) in your home including smoke detectors and fire extinguishers.
- Learn basic safety measures including CPR and First Aid.
- ☐ Teach children how and when to call 911 or other emergency telephone numbers and which radio station to tune for emergency information.
- ☐ Keep important documents such as medical insurance, power of attorney, credit cards, etc, in waterproof containers.
- ☐ Identify ahead of time where you could go if you are told to evacuate.
- Assemble a disaster supplies kit with items you may need in case of emergency or evacuation to a safe location.

# **Disaster Supplies Checklist**

- A three day supply of water 9 three gallon per person per day) and non-perishable food.
- A first aid kit with instructions booklet to include prescription medicines for at least three days.
- ☐ Special items for infants, elderly, or disabled family members.
- ☐ List of doctors, friends and relatives who should be notified if you are injured or evacuated to a safer location.
- At least one change of clothing, footwear and one blanket or sleeping bag per person.
- ☐ Emergency tools and supplies including a battery-powered portable radio, flashlight, mosquito repellent, sunscreen, a non-electric can opener, a supply of batteries.
- ☐ Fill your car's gas tank, check oil, water, and tires and secure an extra set of car keys.
- ☐ Get Cash (MONEY)

# **Storms, Watches And Warnings**

- ☐ **Tropical Depression:** A disturbance with a clearly defined low-pressure area and wind speeds as high as 38 mph.
- ☐ **Tropical Storm:** A distinct low-pressure area defined by a counter-clockwise rotating circulation with winds as 39-73 mph.
- ☐ **Hurricane:** A warm-core tropical cyclone in which the maximum sustained surface winds are 72 mph or greater.
- □ **Tropical Storm Watch:** An alert that tropical storm conditions may pose a threat to a specific area within 36 hours.
- ☐ **Hurricane Watch:** An alert that hurricane conditions may pose a threat to a specific area within 36 hours.
- □ **Tropical Storm Warning:** An alert that tropical storm conditions are expected in a specific area within 24 hours.
- ☐ **Hurricane Warning:** An alert that hurricane conditions may pose a threat to a specific area within 24 hours.

# Saffir-Simpson Scale (A "major" hurricane is classified as Category 3 or greater)

Category	Wind Speed (From- To)		
	mph	kt	km/hr
One	74	64	119
(1)	95	82	153
Two	96	83	154
(2)	110	95	177
Three	111	96	178
(3)	130	113	209
Four	131	114	210
(4)	155	135	249
Five (5)	>155	>135	>249

#### FORT BUCHANAN



# **HURRICANES AWARENESS**

# Be Prepared for The Season (1 June – 30 November)

### Fort Buchanan Emergency Phone Numbers

- ☐ Hurricane Info Hot Line 787-707-3462 (Recording)
- ☐ Military Police Desk 787-707-3337 / 4911
- ☐ Fire Department 787-707-3520 / 5911
- □ Rodriguez Army Health Clinic 787-707-2043/
- □ Ambulance 787-707-5911
- Emergency Operation Center 787-707-3838 or 707-2001 thru 2004
- □ Red Cross 787-274-0444
- ☐ On Post Emergency Services 707-4911

## Civilian Emergency Phone Numbers

- □ State Emergency Management Agency 787-294-0277
- ☐ Fire Department 787-343-2330
- ☐ Emergency medical Services 787-343-2550
- □ Police Department 787-343-2020
- □ Any Emergency 911

Prepared by:

Directorate of Plans, Training, Mobilization and Security Building 390

Fort Buchanan, Puerto Rico 00934

CML: (787) 707-2001-2004 DSN:740-2001-2004

FAX: (787) 707-2002

# The Simple Tasks That Could Save Your Life And Your Home (Know What to Do)

# **For High Winds**

- □ Install hurricane shutters or purchase precut ½" outdoor plywood boards for each window of your home. Install anchors for the plywood and pre-drill holes in the plywood so that you can put it up quickly.
- ☐ Make trees more wind resistant by removing diseased and damaged limbs.

#### When a Hurricane Watch Is Issued

- Listen to local radio or TV stations for up-todate storm information.
- Clear yard of all loose objects, such as potted and hanging plants, bicycles, trashcans, and anything else that can be picked up by the wind.
- Prepare to protect your windows and glass door. Brace double entry and garage doors at the top and bottom. Cover all windows of plywood as described above. *Note*: Tape does not prevent windows from breaking, so taping windows is not recommended.
- ☐ Check on your family and supplies disasters checklist (plans).
- ☐ Leave the swimming pool filled and superchlorinated. Cover the filtration system.
- Offer your home as shelter to friends or relatives who live in vulnerable areas or mobile homes.

# When a Hurricane Warning Is Issued

- ☐ Listen to the advice of local officials, and leave (evacuate) if they tell you to do so.
- ☐ Complete preparation activities.
- ☐ If you are not advised to evacuate, stay indoors, away from windows.
- ☐ Clean containers from drinking water and your bath tub for storing cleaning water.

#### **During the Storm**

- ☐ Stay inside and away from windows, skylights and doors. Find a safe area in your home an interior, reinforced room, closet or bathroom on the lower floor.
- □ Wait for official word that the danger is over. Don't be fooled by the storm's claim "eye". The worst part of the storm will happen once the eye passes over and the wind blows from the opposite direction.
- ☐ Be alert for tornadoes. Tornadoes can happen during a hurricane and after it passes over.
- ☐ If you lose power, turn off major appliances, such as the air conditioner and water heater to reduce damage.
- ☐ If auxiliary power generation is to be used, do not connect it to the house main power supply line or main breaker. Consult with a subject matter expert.
- ☐ If flooding threatens your home, turn off electricity at the main breaker.
- ☐ Stay away from floodwaters. If you come upon a flooded road, turn around and go another way. If you are caught on a flooded road and waters are rising rapidly around you, get out of the car and climb to higher ground.

#### If You Must Evacuate

- □ Take your Hurricane Survival Kit with you.
- ☐ Take important papers with you, including your driver's license, special medical information, insurance policies, and property inventories.
- ☐ Let friend and relative know where you are going.
- ☐ Make sure your neighbors have a safe ride.
- ☐ Lock windows and doors.
- ☐ Turn off electricity at the main breaker.

#### After a Hurricane Is Over

- □ Keep listening to the local radio or TV stations for instructions.
- ☐ If you evacuated, return home when local officials tell you is safe to do so.
- ☐ Inspect your home for damage.

Use flashlights in the dark; do not use candles.

#### **Advise For Older Adults**

- Elders are especially susceptible to the effects of hurricanes.
- ☐ Those who live alone, or are without the support of family or friends, must take special precautions in the event of an emergency situation.
- People who are frail or disabled (either mentally or physically) may need special assistance from family members, friends or social service agencies.
- Older adults who are also care givers may require outside assistance. Excessive stress and anxiety can contribute to increased episodes of illness, particularly for person with heart disease and other illnesses.

#### **Protect Your Pet**

Pet owners are responsible for hurricane planning for their pet. If you plan to evacuate, plan for your pet as well. Take your Pet Survival Kit of you go to friends, relatives or a hotel. Shelters cannot accept pets, so if you plan to go to public shelter, make other provisions for your pet.

#### **Protect Your Business**

- Know Your Risk.
- ☐ Is your business located where you are vulnerable to storm surge or freshwater flooding? Check your hurricane evacuation level and FEMA flood maps! Is your workplace vulnerable to hurricane force winds? Have your building inspected by a licensed professional.
- □ Take the Necessary Precautions.

# Locate and Learn the Evacuation and Shelter Route